

KSHP NEWS

Kentucky Society of Health-System Pharmacists

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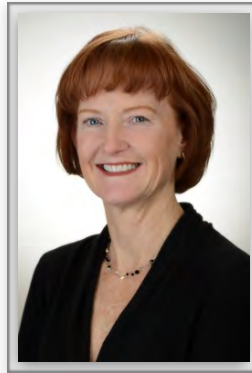
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Kelly Smith ASHP President 2018-19



President's Message

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I wonder how many of you know what the ASHP Practice Advancement Initiative (PAI) is. I expect that many of you do know about it. But, I don't think that many of us give this initiative the attention it deserves. The KSHP Committee on Pharmacy Practice is finalizing a grant application that, if awarded, will provide our Society with vital resources to prioritize implementation of PAI across the state. Let me refresh your memory about why this initiative is so fundamental to health-system pharmacists.

The Practice Advancement Initiative is sponsored by ASHP and the ASHP Research and Education Foundation. The goal of the initiative is to significantly advance the health and well-being of patients by supporting futuristic practice models that support the most effective use of pharmacists as direct patient care providers. The Hospital Self-Assessment tool is designed to assess a hospital or health system's alignment with the PAI consensus recommendations. Pharmacies and pharmacists can use the results of the self-assessment to create an action plan to improve pharmacy practice. As well, an Ambulatory Care Self-Assessment tool exists applicable for practitioners in all outpatient pharmacy practice settings.

KSHP's role in PAI could be to serve as a conduit for communication and education and to mobilize resources for supporting efficient change more broadly. Similarly, KSHP could strategically plan to assist our members by incorporating assessed needs into KSHP committee work.

Additionally, KSHP should connect practice advancement activities to our advocacy efforts, especially those related to our legislative priorities.

Perhaps the greatest barrier KSHP faces in fulfilling its role in PAI is the poor completion rate of the self-assessment tool(s). Without the collective results of the self-assessment tool(s), KSHP struggles to impact the need for change in meaningful ways. For example, at our fall and spring meetings, programming is often provided that is requested by our members and addresses key elements of PAI. However, as a Society or State of Kentucky, we fail to move the needle of change. Obtaining a collective measure of need in Kentucky could be achieved if all hospitals completed the Hospital Self-Assessment tool. The collective measure could be used by KSHP to leverage limited resources in ways that address common or prioritized needs.

While I recognize the obvious barriers of time and perceived benefit for completing the self-assessment tool(s), I hope to convince a diverse group of practice leaders and engaged practitioners to partner with KSHP toward a unified goal to complete the PAI self-assessment tool(s). Then, a comprehensive plan can be generated to assist our members and our Society to move the needle of change. Transforming practice in ways that serve our patients ultimately serves us and our profession. KSHP wants to be part of the practice advancement

initiative, but we need your help! There will be more to come as we learn about the grant award and explore ways to incorporate PAI objectives into the work of our Society.

Board Action Items May & June 2018

Kortney Osborne Brown, PharmD
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The full KSHP Board met on Thursday, May 10th at the Marriott Griffin Gate and Tuesday, June 19th via conference call and meeting locations at Sullivan College of Pharmacy and University of Kentucky College of Pharmacy. The following decisions were made at that time:

- The Board voted to approve the AEC contract with the new changes and duties.
- The Board approved the new timeline proposal for the newsletter.
- The Board approved the 2018 KSHP Strategic Plan document Lindsay Villalobos had updated since the strategic planning meeting in May.
- The Board discussed and approved the objectives to focus on during Quarter 3 (July-September).
- The Board approved the Internal Financial Review Report conducted by the Finance Committee.
- The Board voted to approve free membership to KSHP through December 31st, 2018 to all residents in the Commonwealth of Kentucky.
- In gratitude for their expertise and support during this past legislative session, the Board approved a donation to the Kentucky Hospital Association.

Strategic Planning Update

Lindsay Rhollans Villalobos, PharmD, BCPS

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The KSHP Board of Directors and committee chairs met on May 10th, 2018 for our annual strategic planning session. It was a very productive meeting, with lots of excellent discussion and new ideas to continue our organization's positive momentum moving forward.

There were three main focus areas during the strategic planning session. The first item we focused on was the re-affiliation process. KSHP is due to re-affiliate with ASHP this year, so we reviewed the process, then divided and assigned tasks among Board members and committee chairs. I am very pleased to report that we are on-track to complete this process by the beginning of August; I will keep our membership updated about our final submission and response from ASHP.

The second topic we discussed during this meeting was our current committee structure and succession planning. The group agreed that overall, our current committee structure is working well for our organization and that there are no drastic changes needed at this time. The group also agreed that we should make a concerted effort to grow leaders within our organization in order to maintain forward momentum with each annual election cycle.

Finally, we reviewed and updated our strategic plan document. As a reminder, our previously established strategic plan objectives are as follows:

1. Create thought-leader engagement
2. Engage membership through marketing
3. Integrate House of Delegates
4. Provide leadership development

5. Facilitate KPRN growth
6. Generate revenue
7. Develop professional advocacy agenda
8. Engage technician membership

In addition to clarifying the status of several goals, clarifying verbiage on a few of the professional advocacy goals, and making some minor edits to the format of the document, the following goals/objectives were added to our strategic plan:

- **Goal 4.4b:** Develop KSHP leaders within our organization (i.e., succession planning).
- **Objective 9:** Develop an organizational communications plan.

The group also agreed to extend our current strategic plan through Spring 2019.

I am so proud to report that we continue to make excellent progress in addressing strategic plan objectives. In order to keep these goals as a priority in our organizational activities, the Board has been voting on focus areas for each quarter of 2018. For the third quarter of 2018, we will be focusing on:

1. Developing a bi-weekly "3 things to know" communication tool to be distributed via email and social media (9.1).
2. Developing a plan for social media presence (9.2).
3. Continuing to develop a legislative agenda to improve transparency (7.1).
4. Developing KSHP leaders within our organization (i.e., succession planning) (4.4b).

If you have questions or comments regarding any of the topics that were discussed during this year's strategic planning session, or if you are interested in reviewing the detailed strategic plan document, please let me know. Thank you for your membership and continued support of KSHP!



Kortney Brown, winner of our Spring "Recruit-a-Member" initiative, and Kelli Yinger, left, her new recruit.

Spring Meeting is a Winner

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The Spring Meeting was recently held on May 11, 2018 at Keeneland in Lexington, KY and was a great success. The meeting attracted 190 attendees, including 25 residents and 38 students. Great continuing education opportunities were provided, even allowing members a chance to hear the current ASHP President speak – our very own Dr. Kelly Smith.

Attendees had the opportunity to learn about exciting topics such as clinician burnout, cardiovascular outcomes of diabetes medications and a spirited pro/con debate of stress ulcer prophylaxis. Members were also treated to advocacy topics such as legislative updates and strategies for reducing barriers and improving naloxone update in Kentucky.

It was a busy day at Keeneland. Twenty nine vendors helped support our meeting via exhibits and the Reverse Expo. Thanks to all attendees who got in the spirit and participated in our game to increase engagement with our vendors.

Poster presentations were once again full and very well received by all attendees. A special thanks also goes out to the Norton Healthcare Pharmacy residents who spearheaded a Basket Raffle to benefit the KSHP Martha Lou King Foundation, generating over \$1,000 to support the Foundation! It was a beautiful day at the track and everyone who attended came out ahead on their bets with the great programming, exhibits, and networking opportunities.

KSHP Spring Meeting Residency Basket Raffle Reflection

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My co-residents and I had the honor of organizing (what will hopefully be) the first annual KSHP Residency Basket Raffle to raise funds for the Martha Lou King Foundation at the KSHP Spring meeting this past May. What initially started out as another item on the "to-do" list quickly turned into a project with more of an emotional stake. Our goal was to have residency classes throughout the state of Kentucky donate at least 10 themed baskets to be raffled off at the end of the KSHP meeting. We knew it would be a challenge to ask residents to take time out of their busy schedules to put together a fun and creative basket. However, we accomplished our goal of 10 baskets at the meeting and raised \$1,350 for the Martha Lou King Foundation.

Through this experience, I gained a new appreciation for this form of pharmacy service. The basket raffle funds will have a positive impact on our future pharmacists, strengthening the sense of community amongst Kentucky pharmacists and proving that we can make a difference when we have multiple groups of people working towards a common goal. On behalf of my co-residents, we want to thank everyone that participated in this event.



Norton Residents below and the baskets for raffle.



Fascinating Fundraiser

Chris Holtman, PharmD President
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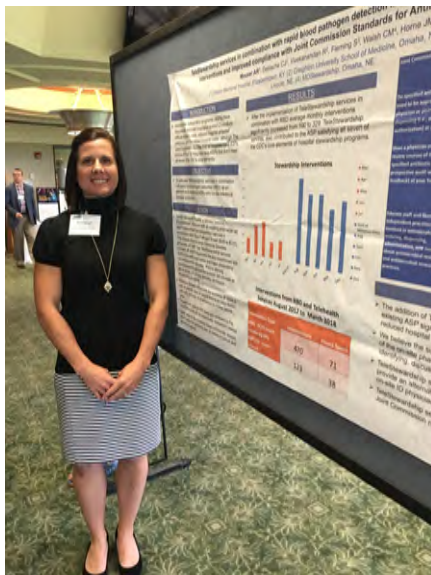
The KSHP Spring Meeting had a distinct horse racing theme this year in more ways than one. Held at Keeneland for the second time in recent years, it had record attendance and a special fundraiser to benefit the Martha Lou King Foundation.

Pharmacy Residents from around the state formed 4-person teams to create themed baskets for a raffle that was held during the afternoon session break at the meeting. Spearheaded by Brittany Wyatt, a PGY-1 Resident at Norton Healthcare, the residents donated 12 wonderful baskets with themes like Bourbon, Wine, Movie Night, etc and sold tickets throughout the day. The female residents wore "fascinators" (in keeping with the horse racing venue), and really "worked the crowd" as they came through the registration area. It was fun and festive and hugely successful! They raised \$1,350 for the Foundation - and provided energy and an "entertainment feel" to the day.

The resident team whose basket garnered the most "votes" (sold the most tickets) were rewarded with \$100 in gift cards to places like Panera, Target, and Uber. It was hard to tell who had more fun - the basket winners or the residents who participated in this initiative. The atmosphere was definitely exciting and the residents are looking ahead to the 2019 Spring Meeting for a similar event.

The Foundation board thanks these residents for their energy and effort in support of its mission to provide scholarships and grants to KSHP student members to assist in their education. Our future colleagues

are a great bunch of young men and women, and we are fortunate to have them active and engaged in our profession. Well done all!



Keeneland meeting room (above). ASHP President Elect Kelly Smith and KSHP President Leslie Kenney at the betting window. (below)

The Best Practitioner Poster Award at the Spring Meeting, *TeleStewardship Services in Combination with Rapid Blood Pathogen Detection Increased Antimicrobial Stewardship* went to Ashleigh R. Mouser, PharmD from Hardin Memorial Hospital, Elizabethtown, KY. Presenting the award Certificate above left is Marintha Short, PharmD, Chair of the KSHP Committee on Pharmacy Practice.



Pharmacy Technicians, Jennee Hobbs and Andrea Nash attended the KSHP Spring Meeting



IT'S TIME FOR KSHP AWARD NOMINATIONS!

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At the Fall Meeting each year KSHP seeks to acknowledge the hard work and innovation of its members through our annual awards. The awards are listed below with full descriptions of the award criteria. This year, the awards will be presented at a special ceremony during the KSHP Fall Meeting at the Holiday Inn Louisville East. To submit a nomination, and view previous KSHP award recipients, please visit www.ksnp.org. You must be logged in as a member to complete a nomination form. **All nominations are due by August 15, 2018.**

Please see [awards criteria](#) at ksnp.org. Nomination are requested for the following awards:

- Special Pharmacy Achievement
- Innovative Health-System Pharmacy Practice
- Innovative Health-System Pharmacy Practice - Small or Rural Hospital
- KSHP Fellow
- Pharmacist of the Year
- New Practitioner of the Year
- Resident of the Year
- Technician of the Year
- Pharmacy Mentor of the Year



President Leslie Kenney served as Election Teller Chair for the ASHP House of Delegates in June. Shown here Amber Lucas, Chair ASHP House of Delegates



The Kentucky Delegates to ASHP House of Delegates in June were (l-r) Rachael Swope, Vylinda Howard, and Scott Hayes

Mark Your Calendars for the Fall Meeting!

Josh Elder, PharmD, BCPS, BCOP

Plans for the 2018 KSHP Fall Meeting at the Holiday Inn Louisville East are being finalized for September 20th – 21st! Please be on the lookout in the coming weeks for the finalized meeting brochure. Attendees should expect to see great programming on a wide variety of topics, including how to implement board approved protocols into practice and other growing opportunities for pharmacists in the era of healthcare reform. KSHP will also continue to host the Kentucky Pharmacy Residency Showcase on Friday. Mark your calendars now and join us for a great time in Louisville at the Annual Fall Meeting.

Meet Your Members

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This article features a pharmacy student who has devised a set of questions which he/she has used to spark conversation with a KSHP pharmacist. This brief interview is thought to help students network with pharmacists and help our members *Meet Members* across the Commonwealth!

Jordan is a fourth year student at the University of Kentucky College of Pharmacy. He is actively involved in KSHP, KPhA, Kappa Psi Pharmaceutical Fraternity, and Rho Chi Honor Society. After completing his APPE Rotations, he plans to pursue a residency to further his clinical training as a pharmacist.

Jenna Parrett, PharmD, MPA, BCPS is a 2014 graduate of the University of Kentucky College of Pharmacy. She completed a two year Health-System Pharmacy Administration residency at Methodist University Hospital in Memphis, Tennessee. She is currently the Clinical Pharmacy Manager and PGY1 Residency Program Director at Baptist Health Louisville.



If you were a drug, what would you be?

Jenna: Fluoxetine – I like to make people happy.

Jordan: Epinephrine.... It's time to get things moving.

Star Wars or Lord of the Rings? And what character are you?

Jenna: Star Wars! Of course! I am 100% R2D2.

Jordan: How do you put up with C3PO?? Star Wars for me too, but I'm Anakin.

Someone is writing a biography about you. What's the title?

Jenna: So my family and I were talking about family crest motto's and decided that ours was 'I Could Eat'. I guess that works for a biography too...

Jordan: 'A Sleepless Night'.

Favorite Non-Pharmacy Job? If not pharmacy, what else would you be doing?

Jenna: My favorite non-pharmacy job was back when I worked at Cold Stone Creamery. If not a pharmacist, I would have to be a forensic psychologist

Jordan: So this one summer, I was a manager/security

specialist with TJ Maxx. It was rather enlightening. Before I decided on pharmacy, I was in the College of Design, studying architecture.

Pineapple on Pizza?

Jenna: YES! I had some this week actually.

Jordan: This was going so well.

Favorite Quote/Motivator?

Jenna: 'Whatever you are, be a good one.'

Jordan: 'Never Give Up.'

What is your Harry Potter house? (The sorting hat will know if you lie...)

Jenna: Ravenclaw. I did consider Hufflepuff since their house is next to the kitchen. But definitely Ravenclaw.

Jordan: Gryffindor – I'm a legacy.

Joint Commission Updates: Opioid Stewardship

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The opioid epidemic is a battle we are continually working to combat both nationally, and within the state of Kentucky. Each year, the United States is responsible for the consumption of approximately 80% of the total global opioid supply, and in 2016, fentanyl was responsible for the most overdose deaths across the United States. Unfortunately, this issue has become so severe that it has been labeled a public health crisis, with a presidential commission being issued comprising targeted strategies to aid in its resolution.

The effects of the opioid epidemic are far-reaching, affecting both adult and pediatric populations. The national rate of neonatal abstinence syndrome has been steadily increasing over the last several years, making this a healthcare issue of growing concern. Interestingly however, neonatal

abstinence syndrome is especially concerning within the state of Kentucky, as our rate of increase over the same time period is almost double that of the national average. In addition to the significant impact to the overall health of the children affected by neonatal abstinence syndrome, this syndrome also contributes substantially to national healthcare costs. In the year 2012, it was estimated that hospital charges for infants with neonatal abstinence syndrome totaled \$1.5 billion, with 80% of these costs being financed by Medicaid programs.

In July 2017, The Joint Commission released revised standards for pain assessment and management that took effect January 1, 2018. The new standards center around the addition of services to promote safer pain management in the inpatient setting. New requirements for hospitals include: identifying a leader responsible for pain management/safe opioid prescribing, involving patients in their treatment plans, providing additional monitoring for high risk patients, facilitating clinician access to drug monitoring databases (KASPER), and conducting performance improvement activities surrounding pain management. In light of these standards, hospitals and their medical staff, should review their current policies, protocols, and procedures to ensure their practices comply with the new joint commission requirements. As the pharmacotherapy experts, pharmacists will play an integral part in assisting their respective hospitals with the appropriate implementation of these new standards into current workflow. This is certainly not an issue that can be solved by any one discipline, but it is one that deserves our full attention to help facilitate both a timely and effective solution. For more information, or to view the full text of the new and revised

requirements, please visit The Joint Commission Website.

References:

1. *CNBC 2016* "Americans consume vast majority of the world's opioids"
2. Brown, J. D., Doshi, P. A., Pauly, N. J., & Talbert, J. C. (2016). Rates of neonatal abstinence syndrome amid efforts to combat the opioid abuse epidemic. *JAMA pediatrics*, 170(11), 1110-1112.
3. Ko, J. Y., Wolicki, S., Barfield, W. D., et al. (2017). CDC grand Rounds: Public health strategies to prevent neonatal abstinence syndrome. *MMWR. Morbidity and mortality weekly report*, 66(9), 242.
4. The Joint Commission Perspectives (2017) Joint Commission Enhances Pain Assessment and Management Requirements for Accredited Hospitals 37 (7): 1-3

Pharmacy Response to Hepatitis A Virus Outbreak in Louisville

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Since the hepatitis A virus (HAV) outbreak was declared for Louisville in November 2017, there have been 446 cases with 3 resulting in death. In response, the Louisville Metro Department of Public Health and Wellness, provider offices, and pharmacies have administered almost 73,000 HAV vaccinations. This article describes the efforts of

the outpatient pharmacy department at University of Louisville Hospital (ULH) to serve employees, patients, and community at large.

After the first confirmed HAV patient case at ULH, the director of infection prevention and control and the outpatient pharmacy manager scheduled times and locations throughout the hospital for staff to receive vaccinations. Pharmacists and pharmacy students administered vaccinations, and pharmacy technicians conducted patient screening and processed vaccination claims. One technician also played a key role in acquisition of vaccinations. When the HAV vaccination supply went on allocation, the technician worked diligently with the manufacturer representative to acquire additional product to meet the institution's needs.

Besides staffing and inventory demands, another barrier overcome in this effort was payment for employees without immunization prescription benefit coverage. This was common for some high-risk exposure contract employees such as environmental services and food and nutrition departments. Fortunately, in these situations the employee benefits office covered any patient out-of-pocket expense for the vaccination.

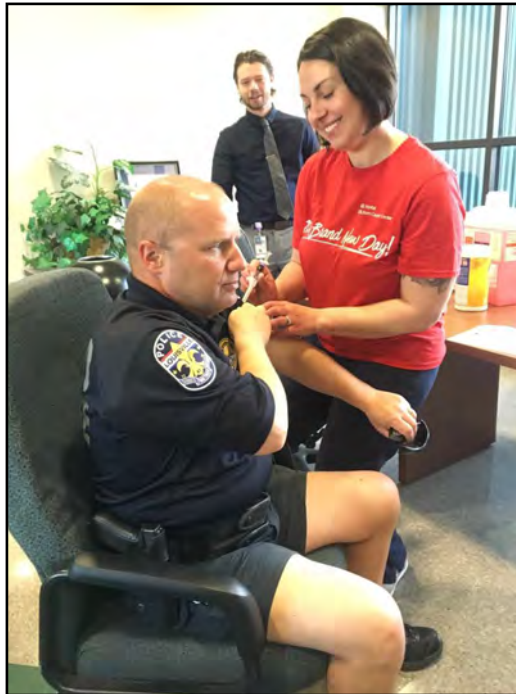
The pharmacy department at ULH also responded to requests from the medical director for Louisville Metro Public Health and Wellness to assist in vaccination efforts to protect persons in the community with the highest risk of HAV. Through this collaboration, the pharmacy team provided vaccinations at the employer sites for Louisville Metro Public Fire Department, Police Department, Emergency Services, Public Waste, and Office of Community Responsibility, as well as Western Middle School. Pharmacy students were utilized to coordinate clinic scheduling, ensure proper vaccine and supplies were ordered, and assist at clinics. One to three pharmacists and one technician were present at each clinic. The greatest obstacles to

offering these clinics were pharmacist staffing limitations and cost of pharmacy staff resources. Scheduling pharmacists off-site reduced staff in outpatient pharmacy retail and clinical practice. Additionally, many of these organizations had a small number of employees, such that the cost of pharmacy staff resources may have exceeded revenue generated through prescription billing of immunizations. However, pharmacy management prioritized this effort as it aligns with pharmacy organization goals to honor our community at large.

To date for 2018, the outpatient pharmacy at ULH has administered over 2,800 HAV vaccinations through clinics for employees and our community as well as employee and patient walk-ins. Although the urgent demand for vaccinations has largely been met, the pharmacy department anticipates the upcoming needs as employees and patients will require the second dose of the HAV vaccination series.

Reference:

<https://louisvilleky.gov/government/health-wellness/hepatitis>



Louisville Metro Police officer receives Hepatitis A vaccine.